

## 2023 RENEWAL PORTFOLIO | VIRGINIA

# Changes to 2023 Benefits

## Virginia–POS (Added Choice)

### Small employer group changes for contracts renewing on or after January 1, 2023

This document provides an overview of changes Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., is making to your small group POS health plan offerings effective upon your group's 2023 renewal date.

For more information, please refer to your *Summary of Benefits and Coverage (SBC)* and/or your *Evidence of Coverage (EOC)*.

### The following changes apply to all POS plans unless otherwise noted:

#### Prescription Drugs:

- ▶ *The list of prescription drugs covered under the health plan's prescription drug plan will close, thus requiring medical necessity for coverage of drugs not on the formulary.*

### The changes outlined below apply to the specified health plans as follows:

#### KP VA Gold Added Choice 0/20/POS/Vision

##### In-Plan Changes:

- ▶ *Self-Only Out-of-Pocket Maximum: increased from \$6,000 to \$6,600 per individual*
- ▶ *Family Out-of-Pocket Maximum: increased from \$12,000 to \$13,200 per family (not to exceed \$6,600 for any one family member)*

##### Out-of-Network changes:

- ▶ *There are no out-of-network changes*

## KP VA Gold Added Choice 1000/20/POS/Vision

### In-Plan Changes:

- ▶ *Self-Only Out-of-Pocket Maximum: increased from \$6,400 to \$6,900 per individual*
- ▶ *Family Out-of-Pocket Maximum: increased from \$12,800 to \$13,800 per family (not to exceed \$6,900 for any one family member)*

### Prescription Drugs

- ▶ *Plan Pharmacy copays changed as follows:*
  - Tier 2 Drugs: copay per 30-day prescription increased from \$50 to \$70 and 90-day increased from \$100 to \$140
- ▶ *Participating Network Pharmacy copays increased as follows:*
  - Tier 2 Drugs: copay per 30-day prescription increased from \$60 to \$80 and copay per 90-day prescription increased from \$120 to \$160
- ▶ *Mail Order copays changed as follows:*
  - Tier 2 Drugs: copay per 30-day prescription increased from \$50 to \$70 and 90-day increased from \$75 to \$105

### Out-of-Network changes:

- ▶ *There are no out-of-network changes*

## KP VA Silver Added Choice 2750/40/POS/Vision (formerly KP VA Silver Added Choice 2750/30/POS/Vision)

- ▶ *Self-Only Out-of-Pocket Maximum: increased from \$8,700 to \$9,100 per individual*
- ▶ *Family Out-of-Pocket Maximum: increased from \$17,400 to \$18,200 per family (not to exceed \$9,100 for any one family member)*
  - Emergency Room: copay per visit increased from \$400 after deductible to \$450 after deductible
  - Primary Office Visit: copay per visit increased from \$30 to \$40
- ▶ *Copay per visit increased from \$30 to \$40 for the following benefits:*
  - Allergy Injection visit and Serum
  - Autism Spectrum Disorder (ASD)

- Medical Nutrition Therapy & Counseling
- Mental Health Services and Substance Use Disorder office visit
- Vision Services – Optometrist
- Outpatient Facility Fee: copay per visit increased from \$250 after deductible to \$350 after deductible

### Prescription Drugs

- ▶ *Rx Deductible: increased from \$250 to \$500*
- ▶ *Plan Pharmacy copays changed as follows:*
  - Tier 1 Drugs: copay per 30-day prescription increased from \$20 to \$25 and 90-day increased from \$40 to \$50
  - Tier 2 Drugs: copay per 30-day prescription increased from \$50 after Rx deductible to \$60 after Rx deductible and 90-day increased from \$100 after Rx deductible to \$120 after Rx deductible
- ▶ *Participating Network Pharmacy copays changed as follows:*
  - Tier 1 Drugs: copay per 30-day prescription increased from \$30 to \$35 and copay per 90-day prescription increased from \$60 to \$70
  - Tier 2 Drugs: copay per 30-day prescription increased from \$60 after Rx deductible to \$70 after deductible and 90-day increased from \$120 after Rx deductible to \$140 after Rx deductible
- ▶ *Mail Order copays changed as follows:*
  - Tier 1 Drugs: copay per 30-day prescription increased from \$20 to \$25 and 90-day increased from \$30 to \$38
  - Tier 2 Drugs: copay per 30-day prescription increased from \$50 after Rx deductible to \$60 after Rx deductible and 90-day increased from \$75 after Rx deductible to \$90 after Rx deductible

### Out-of-Network changes:

- ▶ *There are no changes to out-of-network cost shares*

## NONDISCRIMINATION NOTICE

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. (Kaiser Health Plan) complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats, such as large print, audio, and accessible electronic formats
- Provide no cost language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, call **1-800-777-7902** (TTY: **711**)

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by mail or phone at: Kaiser Permanente, Appeals and Correspondence Department, Attn: Kaiser Civil Rights Coordinator, 2101 East Jefferson St., Rockville, MD 20852, telephone number: 1-800-777-7902.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 1-800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

In the event of dispute, the provisions of the approved English version of the form will control.

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## HELP IN YOUR LANGUAGE

**ATTENTION:** If you speak English, language assistance services, free of charge, are available to you. Call **1-800-777-7902** (TTY: **711**).

**አማርኛ (Amharic) ማስታወሻ:** የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጅተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ **1-800-777-7902** (TTY: **711**)፡

**العربية (Arabic) ملحوظة:** إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم **1-800-777-7902** (TTY: **711**)፡

**Bàsɔ̀̀ Wùdù (Bassa) Dè dɛ nìà kɛ dyédé gbo:** ɔ jũ ké m̀ Bàsɔ̀̀-wùdù-po-nyò jũ ní, níí, à wuɖu kà kò dò po-poò béìn m̀ gbo kpáa. Đá **1-800-777-7902** (TTY: **711**)

**বাংলা (Bengali) লক্ষ্য করুন:** যদি আপনি বাংলা, কথা বলতে পারেন, তাহলে নিঃখরচায় ভাষা সহায়তা পরিষেবা উপলব্ধ আছে। ফোন করুন **1-800-777-7902** (TTY: **711**)।

**中文 (Chinese) 注意:** 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-800-777-7902** (TTY: **711**)。

**فارسی (Farsi) توجه:** اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با **1-800-777-7902 (TTY: 711)** تماس بگیرید.

**Français (French) ATTENTION:** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-800-777-7902 (TTY: 711)**.

**Deutsch (German) ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung.  
Rufnummer: **1-800-777-7902 (TTY: 711)**.

**ગુજરાતી (Gujarati) સુચના:** જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો **1-800-777-7902 (TTY: 711)**.

**Kreyòl Ayisyen (Haitian Creole) ATANSYON:** Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele **1-800-777-7902 (TTY: 711)**.

**हिन्दी (Hindi) ध्यान दें:** यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। **1-800-777-7902 (TTY: 711)** पर कॉल करें।

**Igbo (Igbo) NRUBAMA:** Ọ bụrụ na ị na asụ Igbo, ọrụ enyemaka asụsụ, n'efu, dijiri gi. Kpọọ **1-800-777-7902 (TTY: 711)**.

**Italiano (Italian) ATTENZIONE:** In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero **1-800-777-7902 (TTY: 711)**.

**日本語 (Japanese) 注意事項:** 日本語を話される場合、無料の言語支援をご利用いただけます。**1-800-777-7902 (TTY: 711)** まで、お電話にてご連絡ください。

**한국어 (Korean) 주의:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-800-777-7902 (TTY: 711)** 번으로 전화해 주십시오.

**Naabeehó (Navajo) Díí baa akó nínízin:** Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, kojí' hódíłnih **1-800-777-7902 (TTY: 711)**.

**Português (Portuguese) ATENÇÃO:** Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para **1-800-777-7902 (TTY: 711)**.

**Русский (Russian) ВНИМАНИЕ:** если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-800-777-7902 (TTY: 711)**.

**Español (Spanish) ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-777-7902 (TTY: 711)**.

**Tagalog (Tagalog) PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad.  
Tumawag sa **1-800-777-7902 (TTY: 711)**.

**ไทย (Thai) เรียน:** หากคุณพูดภาษาไทย คุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร **1-800-777-7902 (TTY: 711)**.

**اردو (Urdu) خبردار:** اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال کریں **1-800-777-7902 (TTY: 711)**.

**Tiếng Việt (Vietnamese) CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-800-777-7902 (TTY: 711)**.

**Yorùbá (Yoruba) AKIYESI:** Ti o ba nso ede Yoruba ofe ni iranlowo lori ede wa fun yin o. E pe ero ibanisoro yi **1-800-777-7902 (TTY: 711)**.