



Do we have your phone number and email?

Help us keep you informed.

Getting the most out of your membership with Kaiser Permanente means staying in-the-know about matters directly impacting you and your loved ones. Providing your current phone number, email, and mailing addresses during enrollment allows us to ensure a smooth onboarding experience and contact you when a need arises for such things as:

- Emergency and rapid response situations
- Sudden clinic closures and related updates
- Urgent follow-up on test results, appointment reminders, and more...

If you are new to Kaiser Permanente we encourage you to register on **kp.org/newmember** to access time-saving tools and resources to help you stay on top of your health.

If you are an existing member, you can update your contact information by logging into your **kp.org** account or contact Member Services at **1-800-966-5955 (TTY 711)** Monday through Friday, 8 a.m. to 5 p.m.; Saturday 8 a.m. to noon; except major holidays.